



Hawk's Eye

Weekly News from Hope Elementary School

hes.fivetowns.net

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[Hope Elementary School Facebook](#)



Upcoming Events for Your Calendar

Feb. 10th – 8th grade parent/teacher conferences
Feb. 15th - HES School Committee meeting (6PM at HES)
Feb. 18th – Early release for students & staff (11:30AM)
Feb. 21st – No school (President's Day)
Feb. 22nd – 25th – No school (Winter Break)
March 15th - HES School Committee Meeting (6PM at HES)
March 18th – No school (teacher workshop day)
April 18th - 22nd – No school (Spring Break)
April 19th - HES School Committee meeting (6PM at HES)

***"In recognizing the
humanity of our
fellow beings, we pay
ourselves the highest
tribute."***

***~Thurgood Marshall, first
African American U.S.
Supreme Court member***

February 18th is now an early release day (dismissal at 11:30AM) for students & staff!!

Please send messages to hesoffice@fivetowns.net when you need to notify the office about any changes to your child's daily pickup/drop-off schedule. Just a reminder that the school day is from 8:15AM until 2:45PM (Monday – Thursday) and 8:15AM – 1:45PM on Fridays.

To send messages to our school nurse, Reagan Thomason, please use email: hesnurse@fivetowns.net

5th grade designed their door for February using their social emotional learning skills (SEL). SEL is a methodology that helps students of all ages better comprehend their emotions, to feel those emotions fully, and demonstrate empathy for others.





And now for a message from the Hope Elementary Civil Rights Team:

Tomorrow marks the beginning of February, and with that, the beginning of Black History Month. It is a time dedicated to honoring the achievements of Black Americans, both past and present. We celebrate throughout the month of February in honor of President Abraham Lincoln's and Frederick Douglass' birthdays, because of their important roles in abolishing slavery. The Black History Month 2022 theme is Black Health and Wellness, honoring all the hard work by Black doctors, nurses, scientists, and academics.

The Civil Rights team will be sharing some of these achievements with you throughout the month.



HES MENU for 2-7 through 2-11

This institution is an equal opportunity provider.

- ☐ **Monday (2/7):** Fruit Smoothies (Breakfast)
Pancakes with Sausage (Lunch)
- ☐ **Tuesday (2/8):** Yogurt Parfait with granola (Breakfast)
Mac & Cheese with Ham (Lunch)
- ☐ **Wednesday (2/9):** Cereal (Breakfast)
American Chop Suey (Lunch)
- ☐ **Thursday (2/10):** Blueberry Muffin with Fruit (Breakfast)
Ham & Cheese Stromboli (Lunch)
- ☐ **Friday (2/11):** Cinnamon Toast with Yogurt (Breakfast)
Cheese Pizza (Lunch)

ALL MEALS ARE FREE FOR STUDENTS

Breakfast includes protein, fruit/juice, whole grain and milk.

Lunch options include a choice of salad, bagel or sandwich/entrée of the day. Fruit, a whole grain item, veggie slices and milk are offered with all meals.



Pen Bay Lacrosse 2022

The first 4 weeks of Pen Bay Practice @ *The Pitch*:

Dates/Times

Boys: 3rd/4th 5th/6th 7th/8th Grade

Monday April 4th*, 11th, 18th, 25th

Time: 5-6 pm

*** Only on April 4th, 5-6pm 3/4 and 5/6 boys; 6-7pm 7/8 boys***

Girls: 3rd/4th 5th/6th 7th/8th Grade

Wednesday April 6th, 13th, 20th, 27th

Time: 5-6pm



FIVE TOWN FOOTBALL WINTER SESSION

ANNOUNCING THE RETURN OF OUR ANNUAL
WINTER FLAG FOOTBALL !!

WHERE: THE PITCH IN WARREN

WHEN: MONDAYS 5-6PM X 6 WEEKS

FEBRUARY 28-APRIL 4 2022

WHO: CURRENT 2nd-8th GRADERS

HOW: REGISTER AT FIVETOWNFOOTBALL.COM



Virtual Golf Kids Program

Beginning January 18th!

Tuesdays
3-5pm

Ages 10 and Under

\$48

6 Week Program

Online Registration Available!



MRC

535 West St. Rockport

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www.midcoastrec.org